## BHK GE After School Meals For Dollar Bay and Hancock Schools



Cycle Menu for 2017-2018

Monday Tuesday Wednesday Thursday Friday

Week 1

Year 2017 Week of 9/4,9/18,10/2,10/16,10/30,11/13,11/27,12/11 Year of 2018 Week of 1/1,1/15,1/29,2/12,2/26, 3/12, 3/27,4/2,4/16,4/30,5/14,5/28

Chicken Tenders	Soy Butter and Jelly	Pancakes	Assorted Pizza Pizza	-	
Romaine and	Sandwich	Syrup Cup	on Whole Wheat Crust	7/2	
Spinach	and	Ham Slices	Crispy		
Tossed Salad	Broccoli Florets	Potato Wedges	Baby Carrots		
Applesauce Cup	Juicy Crisp Apple	Orange Wedge	Apple Sauce Cup		
Skim Milk or 1% Chocolate					

Monday Tuesday Wednesday Thursday Friday

Week 2

Year 2017 Week of 9/11, 9/25, 10/9, 10/23,11/6, 11/20, 12/4, 12/18 Year 2018 Week of 1/8, 1/22, 2/5, 2/19, 3/5, 3/19, 4/9, 4/23, 5/7, 5/21, 6/4

real 2017 Week of 9/11, 9/25, 10	1/9, 10/25,11/6, 11/20, 12/4, 12/16	real 2018 Week 01 1/8, 1/22, 2/3, 2/19, 3/3, 3/19, 4/9, 4/23, 3/7, 3/21, 6/4		
Whole Grain	Ham and Cheese	Popcorn Chicken	Assorted Pizza	
French Toast	WG Sub	Scooby Doo Snacks	Romaine and	
Celery Sticks	with	Broccoli Florets	Spinach	
and	Baby Carrots	w/Ranch Dip	Tossed Salad	
Orange Smiles	Juicy Crisp Fresh Apple	Orange Wedges	Apple Sauce Cup	
Skim Milk or 1% Chocolate	Skim Milk or 1% Chocolate	Skim Milk or 1% Chocolate	Skim Milk or 1% Chocolate	

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Questions??? Contact Shelby Turnquist at sturnquist@houghton.k12.mi.us or sturnquist @hancock.k12.mi.us.