



After School Snack Cycle Menu 2018-2019

Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

Year 2018 Week of 9/3,9/17,10/1,10/15,10/29,11/12,11/26 12/10,12/17,12/31

Year of 2019 Week of 1/14,1/28,2/11,2/25,3/11,4/1,4/15,4/29,5/13,5/27,6/10

Assorted WG Cereal Bowls	Fresh Broccoli and Carrots	WG Goldfish Cracker	Colby Jack Cheese Cubes	Whole Grain Pizza
Skim Milk	Mozzarella Cheese Stick	Fresh Apple	Diced Pears	Fresh Orange
Chilled Water	Chilled Water	Chilled Water	Chilled Water	Chilled Water

Week 2

Year 2018 Week of 9/10,9/24,10/8,10/22,11/5,11/19,12/3,12/17

Year 2019 Week of 1/7,1/21,2/4,2/18,3/4,3/18,4/8,4/22,5/6,5/20,6/3

Carrot Sticks w/Lowfat Ranch	Whole Grain Cheez Its	Elfin Blueberry Min Loaf	WG Rice Krispies Treat	Tortilla Scoops
Mozzarella Cheese Stick	Fresh Apple	Skim Milk	Fresh Orange	Salsa Cup
Chilled Water	Chilled Water	Chilled Water	Chilled Water	Chilled Water



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